

# PADI Rescue Diver SCUBA Certification

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This course is specifically dedicated to training the diver in the dynamics of rescue management, whether you are enacting the actual rescue, or are managing a team to assess, plan rescue logistics, and carry out the plan. The overall philosophy is to prevent accidents. In this we train the rescue diver to observe the conditions and the divers on any outing for potential of incident. Training prevention results in enjoyable diver outings, as well as strengthens the rescue diver's personal skills. You will find the knowledge you gain in this comprehensive course not only gives you the skills to help others, but dramatically enhances your comfort level with your own abilities, making your dives relaxed and enjoyable. The rescue diver course is a definite win/win experience.

The PADI Rescue Diver program develops your knowledge and skills so you can effectively perform diver assists and rescues, manage diving accident situations and render first aid. The program is an important step in expanding your knowledge and experience as a diver. PADI Rescue Diver certification is also a prerequisite for all PADI leadership programs. To get into the PADI Rescue Diver program, you'll need to be certified as a PADI Advanced Open Water Diver or Advanced Plus and must be at least 15 years old. The PADI Junior Rescue Diver program is available if you're between the ages of 12 and 14 and hold a PADI Junior Advanced Open Water Diver or Advanced Plus rating. You'll also need to have successfully completed the PADI Emergency First Responder® program or a sanctioned program in CPR within the past two years.



## Prerequisites/Age:

- Be at least 15 years of age (12 for PADI Junior Rescue Diver)
- PADI Advanced Open Water Certification (or equivalent)
- CPR and First Aid Certification<sup>3</sup>

### Class Includes:

- Self Study and Lecture Sessions or PADI Rescue Elearning
- Ocean and Confined Water sessions covering items and scenarios listed on back of form

#### **Students Must Provide:**

- ❖ All appropriate SCUBA equipment (may be rented)
- ❖ PADI Rescue Diver Crew Pack or Elearning Pak
- PADI Rescue Diver DVD (may be rented for a small fee)

#### Student Fee Includes:

- All Class Instruction<sup>1</sup>
- ❖ Half Price on Rentals
- There is an additional fee of \$50.00/hour for missed sessions and \$100.00 for each missed ocean dive.
- 2. Certification Fee is included if the student purchases the Elearning
- Emergency First Emergency First Response® First Aid/CPR course can be completed concurrent with the Rescue Course through Adventure Sports, additional course fees apply

## Cost:

- \$250.00 Student Fee (All Instruction)
- ♦ \$35.00 PADI Certification Fee<sup>2</sup>
- \$184.00 PADI Rescue Elearning

#### **Class Schedule:**

Classes start regularly throughout the year, and consist of evening lectures, confined and open water sessions

Rescue Diver Class Schedule	
Introduction	
Academics	
Pool session	
Ocean session #1	
Ocean session #2	

Cancellation Policy: Full refund if cancellation request received within 3 days of booking, or 14 days prior to start of class. No refund or credit or transfer will be permitted if request received within 13 days of start of class. Adventure Sports Unlimited, Inc., reserves the right to reschedule or cancel class if it is undersubscribed.

## What will I do?

Rescue Diver training will prepare you to prevent problems and, if necessary, manage dive emergencies. During the open water sessions, you'll cover:

#### Self-Rescue Review

- Cramp Release
- Establishing Positive Buoyancy at Surface
- Airway Control
- Use of an alternate air source
- Overcoming vertigo and re-establishing a sense of direction

## **Rescue Exercises**

- tired diver
- panicked diver
- response from shore, boat, or dock (responsive diver)
- distressed diver underwater
- missing diver
- surfacing with the unresponsive diver
- unresponsive diver at surface
- · exiting the unresponsive diver
- · surfacing with the unconscious diver
- first aid for pressure related injuries and oxygen administration
- response from shore / boat for an unresponsive diver

Two Scenarios will also be covered as part of the in-water exercises including:

**Scenario 1**: A dive buddy team goes out for dive and experiences an accident. Dive team pair becomes separated. Respond appropriately to missing diver situation, locate and surface unresponsive diver.

**Scenario 2**: Respond to an Unresponsive diver on the surface. Tow to shore or boat and provide appropriate care for non-breathing unresponsive diver including CPR.